

## Latino Health Council | April 28, 2022 | Meeting Minutes

Present: Hannah Flanagan, Martha, Saucedo, Lucy Cid, Araceli Nord, Evelyn Storto, Marcela Kyngesburye, Judith Rasmussen, Caitlin Regner, Elizabeth Ringle, Emily Norkett, Faatima Khan, Fernando Cano Ospina, Jacqueline Rodriguez, Julia Reigh, Juliana Craig, Julio Molina, Lourdes Shanjani, Anna Karina, Anne-Louise Plesh, Alexa Figueroa Baiges, Rodrigo Valdivia, Shiva Bidar, Juan Carlos, Kirsten Norslien, Arely Tinoco, Moranda Medina Lopez, Amanda Marek, Carlos Ramos, Kristi Jones, Nazka Serrano, Liliana Lema

Enjoying virtual, mindful coffee at Bisquets de Obregon and introductions sharing our favorite coffees or teas

- Minutes – Shiva moved to approve the minutes. Fernando seconded and the motion passed.
- Announcements
  - Elizabeth – Wonderful awards presentation and thanks to super heroes of Medicine – [watch the presentation/award ceremony](#)
  - Hannah – Bayside Place and Recovery House: these two programs are closing at the end of June. Other staff will be transitioned internally. Lots of jobs open right now with varying educational requirements. Please reach out to Hannah with any q
  - Marcella – Celebrating sexual health awareness month. Lunch this Fri – [register and learn more](#)
  - Fernando – RISE is having grand reopening May 12 at 3:30 – [register here](#):
  - Lourdes – Public Health Madison/Dane County offers an alert when overdoses are up in the community. Alert available in English and Spanish – [sign up for alerts via text or email](#).
  - Caitlin – 4<sup>th</sup> annual Gospel 5K run/walk promoting health equity. Open for sign-ups and scholarships are available. Health fair is after. [More info and registration link](#).
  - Rodrigo – Currently have a program leader bilingual Spanish position open providing support to youth in Children Youth Division – [apply and learn more](#)
- Membership agreement/fees/sponsorship
  - Reminder to pay membership dues or ask if you need help paying or can't pay at this time. Reminder, student members do not need to pay membership dues.
- COVID Updates
  - Thanks to everyone who has been helping: Lourdes, Fernando, Martha, Shiva, medical students, LHC members, and all who have helped with vaccines, videos, coordination and outreach. Last but not least, thanks to Juan Carlos: he's been an amazing help. Don't know how I did it without him.
  - Still a lot to do, but now we know how to do it and we have people who are supporting us. Please keep on doing what you are doing because it is worth it, important, and other people need you.
  - Get your booster or second booster if you are eligible and talk to people about getting their booster.
- Events: Mental Health Community conference May 21 | Luther Memorial Church

- Going to be smaller than usual. Aiming for 50 people in attendance. 45 people already registered. Will cap around 75 because we know some people don't come. Doing this by invitation so reach out if you have people who would benefit from attending. Patricia's mom is contacting people directly about registering.
- People need to be vaccinated and masked to attend.
- Mariachi, exercise, art, programs for kids, prizes
- Even theme – how do we get out of COVID stronger than before. Fernando and Martha presenting.
- Consulting & Mentoring
  - Getting more people to join the health field and attend medical school. Latinx community is still underrepresented as doctors. Need more mental health and medical professionals. If you have the opportunity to mentor any Latinx students, please do so because it really helps.
  - Plan to do more mentoring and have more resources to help
  - Waiting to hear on a new grant application. Always have something going on. Please reach out if you have any questions or want some help working with Latinx community.
- Journey Crisis/Clinica Latina – Hannah, Evie, Carlos
  - Brief into Journey and Programs
    - Started in 1948. Provide full continuum of care. Cultural responsive, recovery oriented, trauma informed
    - Acute & transitional, Assertive Community Treatment, Community Support Program, Comprehensive Community Services, Intensive Case management, Outpatient services
    - Seek to provide culturally responsive services that are equitable, understandable, respectful, responsive
  - CARES & ESU updates
    - Operate Dane County's 24/7 365 suicide prevention hotline. Also offer crisis stabilization services and short-term respite stays in residential facilities
    - Madison CARES - Community Alternative Response to Emergency Services
      - Paramedic and mental health worker paired to respond to crisis calls
      - Shared demographic info of individuals served by gender, race, and ethnicity
      - Goals to support individuals who are in crisis by using de-escalation, on-scene interventions, and appropriate referral for services. Hope to divert people from emergency detention and jails.
    - Emergency detention (involuntary hospitalization) – work with people in the hospital and out to create a therapeutic and social support network to help meet basic needs.
    - Multiple people embedded with law enforcement services
    - Also work with and are looking for certified peer specialists to help relate with people.

- Detailed diagram of intervention model and methods for CARES team included in presentation.
  - Clinica Latina 608-280-2495 (answered in Spanish)
    - Serve adults in Dane County
    - Provide services in Spanish
    - Individualized therapy, case management, AODA counseling, and Medication assisted treatment
    - Working to get services available at Centro Hispano, but right now available at Journey's offices.
  - Journey recently hired a talent recruitment specialist to help hire a more diverse team to better represent the community Journey serves.
  - Responding to and increasing services for Latinx community needs is not as much an issue of funding, but more one of hiring people who are able to provide care.
- Tri 4 Schools – Amanda Marek
  - Bio and recently named Executive Director
  - Mission: to empower all kids ages 3-14 to healthy, happy, and confident through sports
  - Offer events and after-school training programs
    - 2 Kids Triathalons
    - Madison Bike/Run
    - Offer training teams in Madison schools training for events
      - Use swim, bike, run to teach goals, mindfulness, skill building
    - Fundraising events (golf classic and 2 or 5k walk/run family friendly)
  - One third of Dane County kids 6<sup>th</sup>-12<sup>th</sup> grade experience anxiety
  - UK study showing benefit of physical activity (being up and moving on a regular basis) small amounts of activity decreases negative impact of stress.
  - Very low physical education budgets for schools
  - Barriers for children to engage in physical activities
    - Transportation
    - Cost
    - Awareness
    - Access to Equipment
  - Impact
    - Putting events in communities that need it most
    - Reduce barriers through scholarships, transportation, equipment
    - 100% of youth event entries distributed to schools (75% to schools, 25% to for wellness grant programs)
  - Madison Bike + Run, June 11, Scholarships and Equip available, no swimming component to help reduce barriers
  - Yearly averages: Offer \$23,000 average financial assistance to kids, \$55,000 in wellness grants, \$40,000 to schools.

**Next Mtg:** May 26, 2022

**Presenter:** WI Council of Blind & Visually Impaired and CHNA

**Minutes:** Lourdes Shanjani